

SWAY

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Record : "Sway" Special CD 「DANCE WITH ME Vol.8」TSI-0801

Rhythm : Cha Cha (ph IV+1) Speed : As on CD Date : June 2008 Ver.1.1

Footwork : Opposite, directions for man(lady as noted)

Sequence : Intro - A - B - A(9~16) - Inter - C - B - Bridge - A(1~8) - Ending



Meas

INTRO

1~ 8 OP/LOD lead Foot Free for both Wait 3 meas;;; Hold & Clap; Bk Basic; Walk 2 Cha; Circle Away & Tog;;

- 1- 4 OP/LOD lead foot free for both wait 3 meas;;; Hold,, clap;
- 5 (Bk Basic) Bk L, rec R, fwd L/XRIB, fwd L;
- 6 (Walk 2 Cha) Fwd R, fwd L, fwd R/XLIB, fwd R;
- 7- 8 (Circle Away & Together) Circle LF twd COH(W circle RF twd wall)fwd L,R, fwd L/
XRIB, fwd L; Circle LF twd Wall(W circle RF twd COH)fwd R,L, fwd R/XLIB, fwd R;

Meas

PART A

1~ 8 (Bfly/Wall) 1/2 Basic; Fan; Start Alemana; Thru to Alda; Switch Rk; Spot Trn; Shoulder to Shoulder;;

- 1 (1/2 Basic) Bfly/Wall fwd L, rec R, sd L/cl R, sd L;
- 2 (Fan)Bk R, rec L, cl R/in place step L, sd R(W Fwd L, sd & bk R 1/4 LF trn fc RLOD
bk L/XRIF of L, bk L);
- 3 (Start Alemana) Fwd L, rec R, cl L/in place R, sd L lead RF trn to fc(W Cl R to L,
fwd L, fwd R/XLIB, swivel RF on R fc partner sd R);
- 4 (Thru to Aida) Thru R commence RF trn, sd L cont RF trn fc RLOD, bk R/XLIB, bk R;
- 5 (Switch Rk) Swivel LF on R fc partner sd L, rec R, sd L/cl R, sd L;
- 6 (Spot Trn) XRIF commence LF trn, cont LF trn rec L fc partner, sd R/cl L, sd R;
- 7- 8 (Shoulder to Shoulder) Fwd L to Bfly/Scar, rec R to fc, sd L/cl R, sd L;
Fwd R to Bfly/Bjo, rec L to fc, sd R/cl L, sd R;

9~16 Alemana;; 1/2 Lariat(LOP/LOD); Walk 2 Cha; Roll 2 Cha; Sliding Door; Circle Away & Tog;;

- 9-10 (Alemana) Fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R(W XLIF of R commence
RF trn under lead hand, fwd R cont RF trn fc COH, sd L/cl R, sd L);
- 11 (1/2 Lariat) Sd L, rec R, in place L/R, L 1/4 LF trn fc LOD(W circle around man cw
with joined lead hands fwd R, fwd L, fwd R/cl L, fwd R) LOP/LOD;
- 12 (Walk 2 Cha Twice) Fwd R, fwd L, fwd R/XLIB, fwd R;
- 13 (Roll 2 Cha) Fwd L commence LF(W RF) roll, fwd R cont roll fc LOD, fwd L/XRIB, fwd L;
- 14 (Sliding Door) Rk sd R, rec L release hands, XRIF change sd as the woman crosses
in front of man/sd L, XRIF of L(OP/LOD);
- 15-16 (Circle Away & Together) Circle LF twd COH(W circle RF twd wall)fwd L,R, fwd L/
XRIB, fwd L; Circle LF twd wall(W circle RF twd COH)fwd R,L, fwd R/XLIB, fwd R;

Meas

PART B

1~ 8 OP Hip Twist; W Spin to Fc(Fc LOD); Fcing Hockey Stick;; New Yorker; Spot Trn; Fence Line; Cross Ck & Swivel Fc;

- 1 (Op Hip Twist) Fwd L, rec R, bk L/small slip bk R, cl L to R(W Bk R, rec L, fwd R/
XLIB, fwd R swivl 1/4 RF on R fc LOD);
- 2 (W Spin to Fc) Bk R, rec L 1/4 LF trn fc LOD, fwd R/XLIB, fwd R(W Fwd L commence LF
trn, bk R cont LF trn, LF spin L/R, L fc LOD);
- 3- 4 (Fcing Hockey Stick) Fwd L, rec R, bk L/rec R, cl L RF trn fc Wall(W bk R, rec L,
fwd R/XLIB, fwd R); Bk R slightly RF trn, rec L fc Wall, sd R/cl L, sd R(W fwd L twd
RDW, fwd R LF trn fc COH, sd L/cl R, sd L);
- 5 (New Yorker) LOP/RLOD ck thru L, rec R fc partner, sd L/cl R, sd L;
- 6 (Spot Trn) XRIF commence LF trn, cont LF trn rec L fc partner, sd R/cl L, sd R;
- 7 (Fence Line) Bfly/Wall XLIF of R ck, rec R, sd L/cl R, sd L;
- 8 (Cross Ck & Swivel Fc) XRIF of L ck,-, swivel RF on R fc partner,-;

Meas

INTERLUDE

1~ 4 Chase;;;;

- 1- 4 (Chase) Fwd L commence RF trn, cont trn fc COH rec R, fwd L/cl R, fwd L(W bk R, rec L, fwd R/cl L, fwd R); Fwd R commence LF trn, cont trn fc wall rec L, fwd R/cl L, fwd R(W fwd L commence trn, cont RF trn fc wall rec R, fwd L/cl R, fwd L); Fwd L, rec R, bk L/cl R, bk L(W fwd R commence trn, cont LF trn fc COH rec L, fwd R/cl L, fwd R); Bk R, rec L, fwd R/cl L, fwd R(W fwd L, rec R, bk L/cl R, bk L);

Meas

PART C

1~ 8 Cross Body(Fc COH);; New Yorker; Kick the 4; New Yorker; Underarm Trn; M's Underarm Trn; Thru Pt & Hold;

- 1- 2 (Cross Body) Bfly/Wall fwd L, rec R 1/4 LF trn fc LOD, sd L/cl R, sd L(W bk R, rec L, fwd R/cl L, fwd R); Bk R, rec L 1/4 LF trn lead W LF trn, small sd R/cl L, sd R(W fwd L, fwd R commence LF trn, cont LF trn sd L/cl R, sd L fc wall);
 3 (New Yorker) LOP/LOD ck thru L, rec R fc partner, sd L/cl R, sd L;
 4 (Kick the 4 LOP) Kick XRIF, swivel RF on L, release trail hand LOP fc LOD fwd R/ XLIB, fwd R;
 5 (New Yorker) LOP/LOD ck thru L, rec R fc partner, sd L/cl R, sd L;
 6 (Underarm Trn) Bk R, rec L, sd R/cl L, sd R(W XLIF of R commence RF trn under lead hand, cont RF trn rec R fc Wall, sd L/cl R, sd L);
 7 (Underarm Trn) XLIF of R commence RF trn under trail hand, cont RF trn rec R fc COH, sd L/cl R, sd L (W bk R, rec L, sd R/cl L, sd R);
 8 (Thru Pt & Hold) Thru R, pt sd L,-,-;

9~16 Cross Body(Fc Wall);; New Yorker; Kick the 4; New Yorker; Underarm Trn; M's Underarm Trn; Thru Pt & Hold;

- 9-16 Repeat meas 1-8 Part C start man fc COH;;;;;;;

Meas

BRIDGE

1~ 2 OP Break; Spot Trn;

- 1 (OP Break) Rk apt L trail hand straight up, rec R, sd L/cl R, sd L;
 2 (Spot Trn) XRIF commence LF trn, cont LF trn rec L fc partner, sd R/cl L, sd R;

Meas

ENDING

1~ 8 Mod Chase Peek A Boo;;; W 1/2 LF Trn; Underarm Trn; Lariat;;

- 1- 4 (Mod Chase Peek A Boo) Fwd L commence RF trn, cont trn fc COH rec R, fwd L/cl R, fwd L(W bk R, rec L, fwd R/cl L, fwd R); Fwd R commence LF trn, cont trn fc Wall rec L, fwd R/cl L, fwd R(W fwd L commence RF trn, cont trn fc Wall rec R, fwd L/cl R, fwd L); Sd L, rec R, cl L/in place R,L(W sd R left hand on hip right hand her ear and shape to partner, rec L, cl R/in place L,R); Sd R, rec L, cl R/in place L,R(W sd L right hand on hip left hand her ear and shape to partner, rec R, cl L/ in place R,L);
 5 (W 1/2 LF Trn) Fwd L, rec R, cl L/in place R,L(W fwd R commence LF trn, cont LF trn fc COH rec L, fwd R/cl L, fwd R);
 6 (Underarm Trn) Bk R, rec L, in place R/L,R(W XLIF of R commence RF trn under lead hand, cont RF trn rec R fc COH, sd L/cl R, sd L M's right sd);
 7- 8 (Lariat) Sd L, rec R, in place L/R,L(W circle around man CW with joined lead hands fwd R, fwd L, fwd R/cl L, fwd R); Sd R, rec L, in place R/L,R(W cont circle around man CW with joined lead hands fwd L, fwd R, fwd L/cl R, fwd L end fc partner) Bfly/wall;

9~16 Break Bk to OP; Walk 2 Cha; Circle Away & Tog;; Do-Si-Do Slow 7 Tandem/Wall;;;, Sd Lunge;

- 9 (Break Bk to OP) Swivel LF on R bk L OP/LOD, rec R, fwd L/cl R, fwd L;
 10 (Walk Cha) Fwd R, fwd L, fwd R/cl L, fwd R;
 11-12 (Circle Away & Together) Circle LF twd COH(W circle RF twd wall)fwd L,R, fwd L/cl R, fwd L; Circle LF twd Wall(W circle RF twd COH)fwd R,L, fwd R/cl L, fwd R;
 13-15+ (Do-Si-Do Slow 7 Tandem/Wall) Fwd L passing right Shoulder,-, fwd and sd R,-; XLIF,-, bk R,-; Sd L,-, XRIF,-(W fwd R,-, XLIF,-; Sd R,- bk L,-; XRIF,-, sd and fwd L,-) sd by sd man fc Wall(W fc COH); XLIF(W fwd R 1/2 RF trn fc Wall man's behind bk) tandem position,-,
 + (Sd Lunge) Sd R flex right knee hands on hips look left shoulder over woman(W sd L flex left knee right hand on man's left shoulder left hand on her hip look man),-;